



# Tackling Health Inequalities Lodzkie Region

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This presentation arises from the project HEALTH EQUITY – 2020 which has received funding from the European Union, in the framework of the Health Programme.



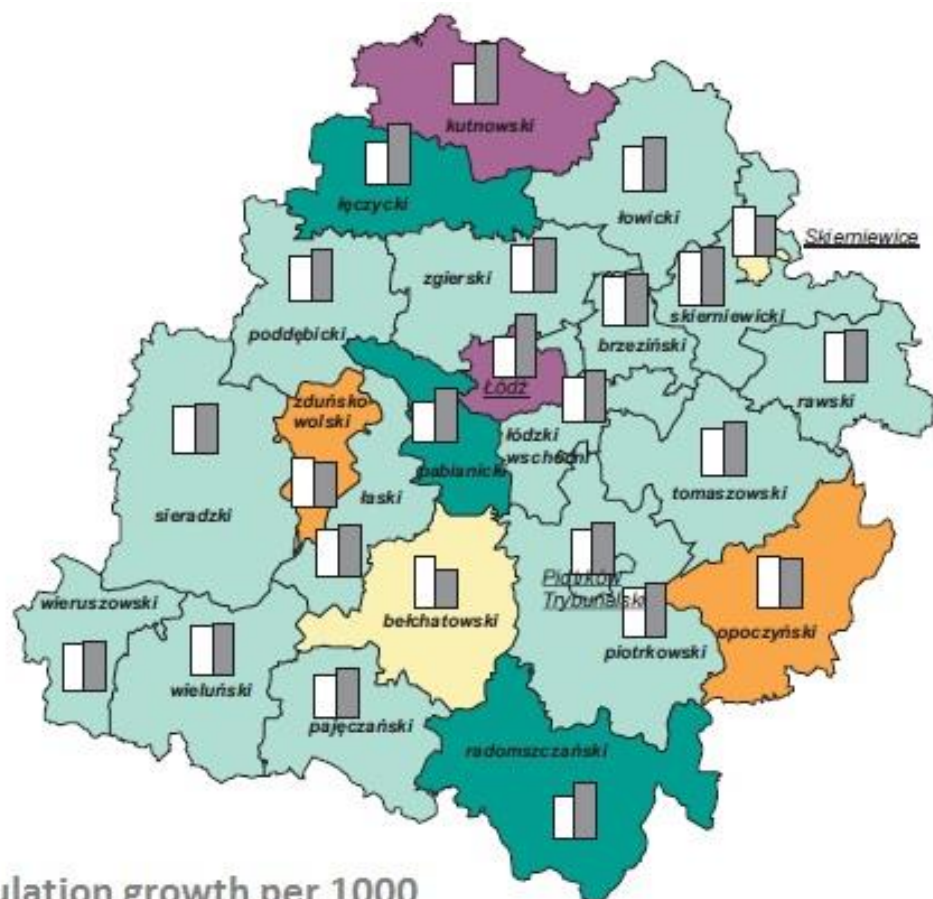
Lodzkie Region  
**General information**



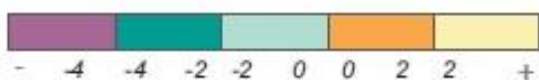
- One of the 16 provinces
- Population: 2.5 mio
- Population density: 140/km<sup>2</sup>
- Urban population: 64,4%



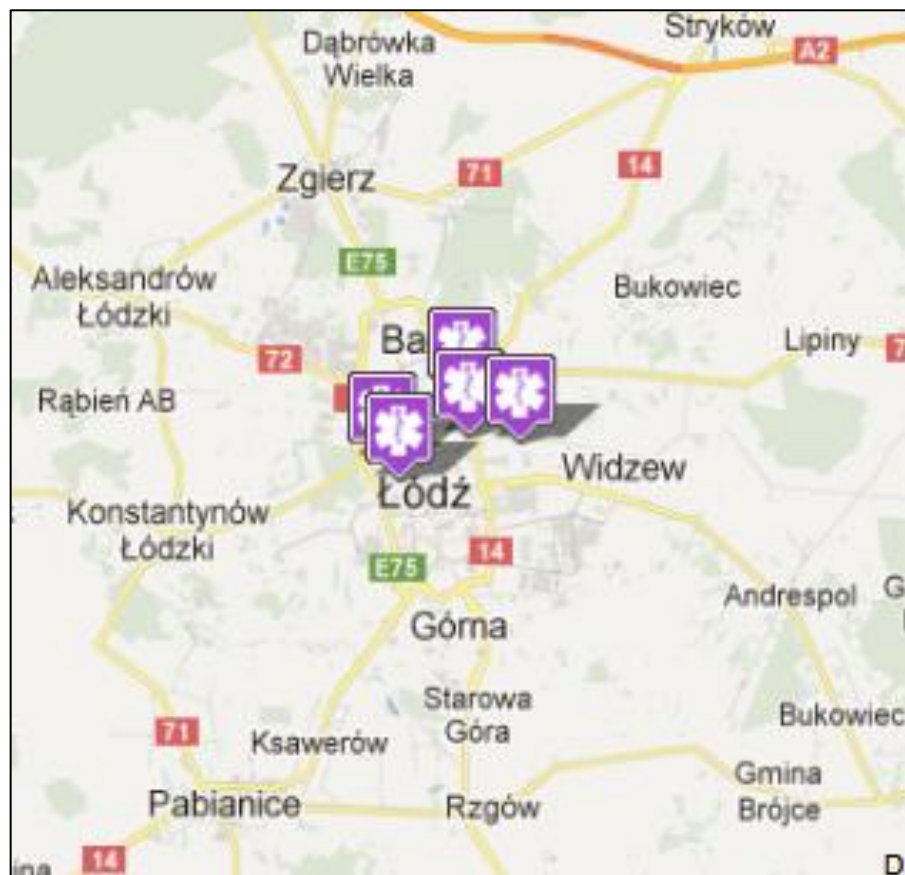




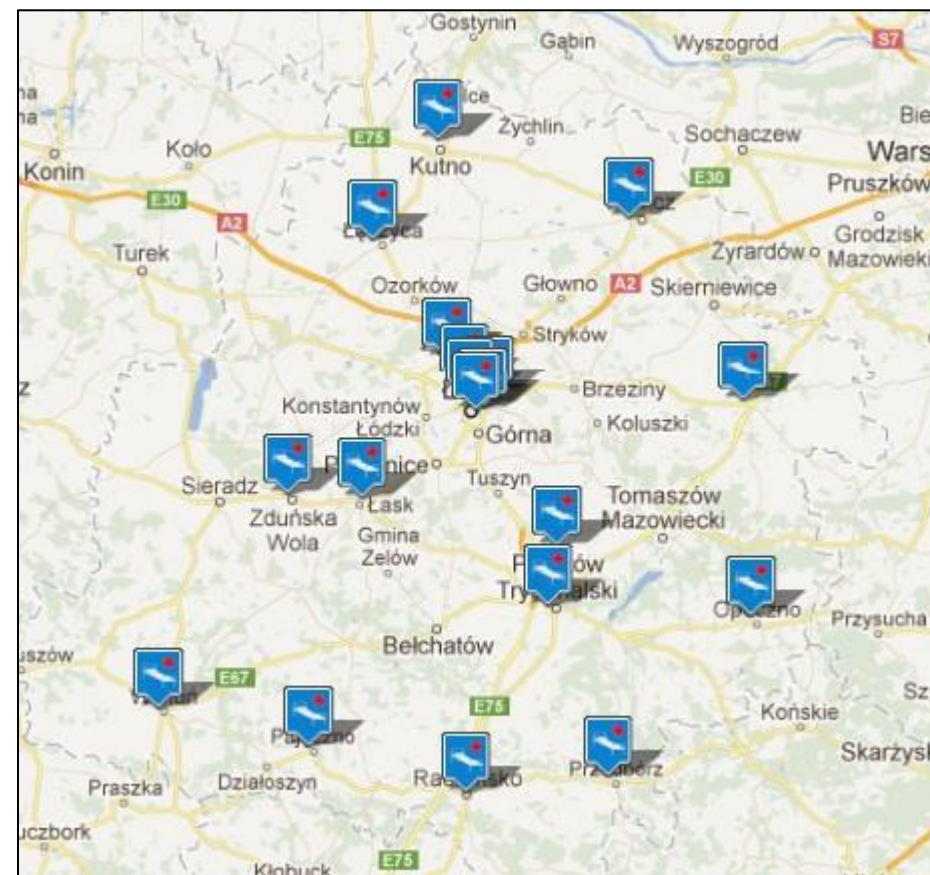
Population growth per 1000



Parameter	Urban areas	Rural areas	TOTAL
Population (k)	1 621	912	2 534
Births/1000 population	9.7	10.7	10.0
Deaths/1000 population	12.1	12.5	12.3
Population growth/1000 population	-2.5	-1.9	-2.2



University hospitals



Local hospitals

vs

Parameter	As for 2010:
Hospitals	61
Hospital beds/10,000 population	53.4





The screenshot shows the homepage of 'Zdrowie Łódzkie' (Regional Information Service). It features a navigation menu with categories like 'O serwisie', 'Aktualności', 'Polityka zdrowotna', 'Zadania Departamentu', 'Dla pacjenta', 'Konkursy', 'Do pobrania', and 'Linki'. A search bar is located at the top right. A main banner titled 'Pomysły na zdrowie' (Ideas for health) highlights a program for hearing screening in children. Below the banner are several menu sections: 'Strategie i programy' (Strategies and programs), 'Zdrowie psychiczne' (Mental health), 'Dla pacjenta' (For patients), 'Zadania Departamentu' (Department tasks), 'Profilaktyka' (Prevention), and 'Placówki medyczne' (Medical facilities). Each section lists specific initiatives and includes a 'Dowiedz się więcej' (Learn more) link.



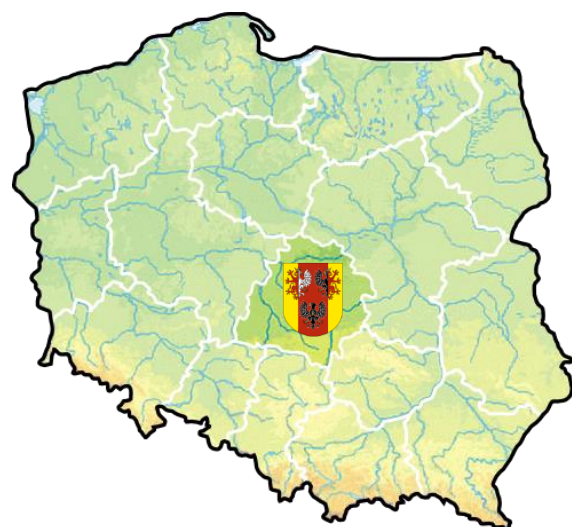
<http://pomysl nazdrowie.pl>

## Principal aim

"Improvement of selected health status indicators of inhabitants of Lodzkie Region" with 4 strategic goals:

- Coordination of health system in the region
- Improving the efficiency of disease prevention and health promotion actions
- Improving accessibility of health services
- Improving the quality of health services

# Health inequalities of possible interest in HE2020 project





- Access to specialised ambulatory care
- Access to long-term care
- Unknown reasons for shortest predicted life expectation (69.1 y for men in 2008 = 4 years less than national average)
- Premature death of men: 8.5 y sooner than Polish women, 5 y sooner than European average
- Mortality vs education: 12 y for primary vs higher education in men

# Challenges of reducing health inequalities

Challenge	Challenges to collecting evidence	National/regional development plans
<b>Access to specialised ambulatory care</b>	<ul style="list-style-type: none"> <li>• No central waiting list</li> <li>• Payer-driven health policy</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of independent national/regional health policy</li> </ul>
<b>Access to long-term care</b>	<ul style="list-style-type: none"> <li>• No central waiting list</li> <li>• Payer-driven health policy</li> </ul>	<ul style="list-style-type: none"> <li>• Partly covered by regional health policy</li> </ul>
<b>Short predicted life expectation</b>	<ul style="list-style-type: none"> <li>• Multiple factors responsible for</li> <li>• Gaps in statistics system</li> </ul>	<ul style="list-style-type: none"> <li>• Partly covered by national and regional health policy</li> </ul>
<b>General challenge</b>	<ul style="list-style-type: none"> <li>• Multiple stakeholders</li> <li>• Divided responsibility</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of universal health policy</li> </ul>





Healthy Ageing Research Centre

[O NAS](#) [CELE I MISJA](#) [LINKI](#) [KONTAKT](#) [AKTUALNOŚCI](#)

### Języki

- ▶ English
- ▶ Polski

### O nas


Centrum Badań nad Zdrowym Starzeniem powołano decyzją Senatu UM w lutym 2011 (Uchwała nr 330/2011).

### Zarząd:

Dyrektor: prof dr hab. n. med. Marek L. Kowalski  
Z-ca Dyrektora: prof. dr hab. n. med. Lucyna A. Woźniak

### Członkowie:

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HEALTHY AGEING RESEARCH CENTRE

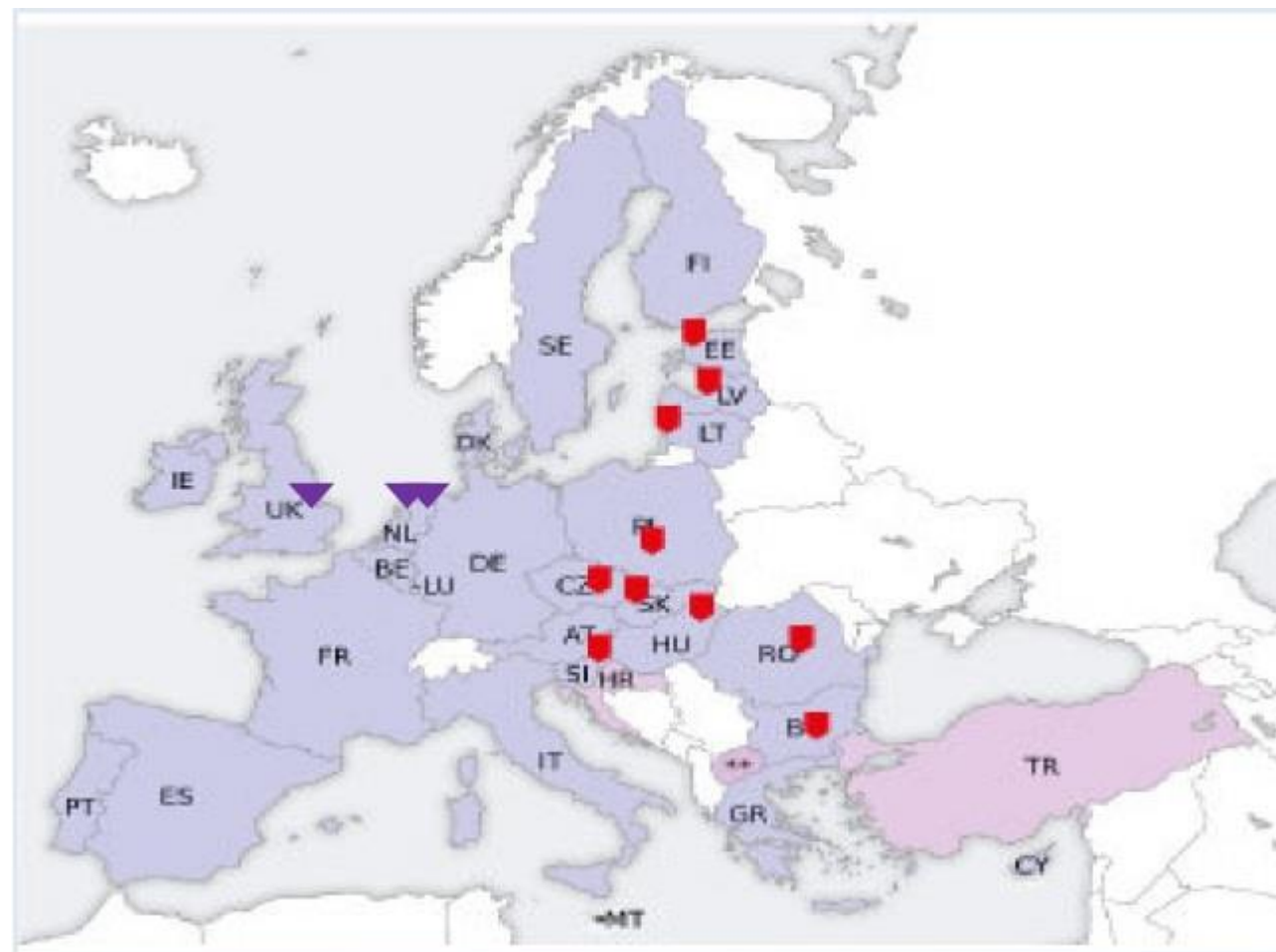
Healthy Ageing Research Centre (HARC) aims to bring together internationally recognized researchers and central professionals of the Lodz University of Medical Sciences, in order to carry out the research and development in the field of healthy ageing.

- HARC is a multidisciplinary research centre dedicated primarily to improving healthcare system for the benefit of the elderly.
- HARC activities include also teaching, consulting, training of professionals and community activities.
- HARC conducts research, prevention programs and clinical studies in a broad network of institutions.
- HARC is open to international cooperation and activities.
- HARC is open to external financial contributions.

HEALTHY AGEING RESEARCH CENTRE

## Partners:

- University of Maastricht, The Netherlands
- Health ClusterNET, UK
- Erasmus MC, The Netherlands
- Medical University of Lodz, Poland
- Centre for Health and Development Murska Sobota, Slovenia



**Funding:** European Union, the Health Programme.



# Thank you!

More information about the project available at: <http://euregio3.eu/>

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